



a message from our chairman

To be Chairman of the Board of Governors of Mercy University Hospital is both a privilege and a commitment. It is a privilege, and indeed a humbling experience, to come into contact with so many people determined to give wholeheartedly of themselves for the welfare of others.

In writing this, I think not only of the big names associated with this Hospital, like Dr. Michael Bennett, recently retired, and Sister Laurentia, whose dedication was total, but of every member of staff who works so hard to fulfill the Mercy University Hospital charter. It is thanks to them that the ethos of the Sisters of Mercy is alive and well in our Hospital today.

The Board of Governors is totally committed to promoting the ongoing endeavour to widen the horizons of the Hospital in every field. We are committed to maintaining MUH as one of the leading hospitals in the thirty-two counties. Our partnership with academe must and will continue to grow, in particular, our close relationship with University College Cork. It is the intention of the Board to maintain and expand our relations with other major hospitals, not alone in Ireland, but also in Europe and in the United States of America.

To achieve all this and to continue to deliver the level of healthcare that the Southern Region requires and deserves, we must expand – and expand we will!

Desmond Murphy
Chairman of the Board of Governors

a fond farewell as Dr. Michael Bennett retires

Dr. Michael Bennett commenced work here in May 1977 and served on the Board of Management for many years. Dr. Bennett was very involved in the Voluntary Hospital Group, represented the Mercy at Department of Health level and was involved in the establishment of the Sheares Street and Lee View Blocks. At the time of the closure of the North Infirmary, he was instrumental in keeping the Mercy open.



Dr. Bennett with some of his fellow consultants at his retirement. L to R: Dr. John Cahill, Dr. Gary Lee, Dr. Michael Bennett, Dr. Ray Lovett and Professor Kevin Collins.

"I first made Michael Bennett's acquaintance back around 1975 when I did a six-month stint as an SHO in medicine in Tralee – as part of the Cork medical rotation. I worked for him for three months. At the time, he was a dynamic and brilliant young physician, trained mainly in the Midlands in Birmingham and already possessed a huge wealth of practical experience. He made a huge impression on me and on all my contemporaries. His ability to cut to the important points of a case was amazing, and his ability to shift huge amounts of medical work was and remains legendary. I know that, when he came to Tralee, there was a six-month waiting list for new patients in the Outpatients Department and that he had it entirely cleared in three months. He was superb at any practical procedure, central lines, Endoscopy or whatever was needed. He was, and remained throughout his career, totally scientific in his approach to Medicine and had no time for quackery. In a man as able as this, it is a challenge to hang one word on him, but after considerable thought, I would think that *practical* would be it.

It is for good reason that any doctor in the Hospital, who had some serious problem to deal with (at a personal or medical level) – including myself, would first seek his advice. He was almost always right in what he advised. Not always, of course, because he would not be of this earth if he were!

Michael Bennett also has great fun in him. He is good company on any night out and is a very good sportsman – being a fine hurling goalkeeper and soccer player in his youth. He is a keen golfer and has a particular ability in the nineteenth hole where his aim is uncanny!

As many of his former staff will tell you, he was very good at advising on career choice and in helping with job placements.

On a medical level, he removed most if not all his journals from their plastic and loved discussing modern physiology, etc.

He will be sorely missed agus ní bheidh a leithéid arís ann."

Dr. Gary Lee, Consultant Histopathologist

welcome

Welcome to the third edition of the 'Mercy Times' – this newsletter is published on a quarterly basis.

We wish to express our thanks to everyone who submitted articles, information and/or photos for this edition. This newsletter is yours and it is important that we cover items of interest to you. We welcome your ideas and would be delighted to consider for publication any article, photograph or other item of interest that you may have. We encourage you to submit items to one of the Editorial Committee members or to the following address/e-mail:

Ms. Donna Peyton

c/o Sheares Street Office, Mercy University Hospital, Grenville Place, Cork.

Tel: (021) 4271971 Ext: 5009

Email: dpeyton@muh.ie

Please clearly label all submissions – "NEWSLETTER". The deadline for the next edition is **3rd September 2004**. Unfortunately, we cannot guarantee to publish or to return submitted items, but will do our very best.

Thank you,

'Mercy Times' Editorial Committee

editorial committee

Therese Egan

Siobhán O'Mahony

Bernice Glavin

Tony O'Regan

Clare Horgan

Liz O'Sullivan

Seán O'Bulmáin

Donna Peyton (Editor)

Deirdre O'Connor

Mary Twohig

secretary's prayer

Help me to have the memory of an elephant or at least one three years long.

By some small miracle let me do all things at once, answer four telephones at the same time and type a letter that must go today though I know it won't even get signed until tomorrow.

Let me not lose patience when I search the files for hours for a paper found on the Boss's desk.

Give me the knowledge of a University Professor with my Leaving Certificate education.

Help me to understand and carry out all instructions without any explanations.

Let me know without being told – where the Boss is, what he is doing and when he'll be back.

Finally when the year ends, grant me the foresight not to destroy, when I am told to, records that will be asked for within a few days.

AMEN

Author Unknown

Submitted by Mary Twohig, Medical Secretary

extensions & refurbishments

Emergency Department Interim Refurbishment

The Hospital is delighted to have completed a refurbishment of the Emergency Department (pictured below). The work was carried out over a period of 3 days and, whilst it is an interim measure, both staff and patients are pleased with the bright, modernised décor and enhanced facilities.

Extension to Outpatients Department

The extension to the existing OPD was recently completed and is now in the process of being furnished and equipped. This extension comprises of four extra consulting suites and will allow for 40% greater capacity – and, hopefully, a faster throughput in patient referrals and reviews. On most occasions, the Outpatients Department is the first contact a patient has with Mercy University Hospital. It is hoped that these new and co-ordinated surroundings will enhance their first impression.



honouring our history

You may be surprised to know that a unique collection of Mercy University Hospital manuscripts is now housed in the Medical Library. These are the *Registers of Patients and Operations for the Mercy*, dating back to the very first intake of patients on St. Patrick's Day in 1857.



L to R: Sr. Laurentia Roche, Pamela Dumigan – Library Assistant, and Joe Murphy – Librarian, looking through the historical patient registers.

These large and impressive tomes had been gathering dust and deteriorating badly, until they were rescued by staff member, Tony O'Regan, who realised their importance as medical, social and historical documents. They have all been beautifully restored, rebound in leather, placed in specially constructed cabinets, and the earliest volume displayed in a glass display case.

The collection is comprised of 16 folio size volumes in ledger format. The entries are all handwritten, and, as you would expect, are in beautifully clear and elegant scripts. One cannot help imagining the lives of the various patients as one browses through the volumes. One wonders, for example, of the story behind a porter, whose skull was fractured from a cartwheel going over his head in

June 1859; or a policeman from Union Quay, who was operated on for a bullet wound in January 1921. It is also interesting to see entries for occupations that have long since disappeared, such as Coachman, Farrier, Ropemaker, Governess, etc. It comes as quite a shock to see the term Gentleman or Lady entered under occupation, and the term Servant is ubiquitous. The entries indicate how young the age profile of patients was in the 19th and early 20th centuries, with very few patients over the age of seventy being admitted.

These manuscripts provide a wonderful record of the types of disease, which were prevalent in our City and County since the mid-19th Century. For example, they suggest that respiratory diseases were by far the most common diseases of 19th Century Cork. Evidence of the span of some of the Cork medical dynasties is also contained in these volumes.

A wealth of information which can be found within these volumes could be of value to historians, sociologists and other interested parties; and we are lucky that these archives have been preserved. They are lovely artifacts in themselves, and hopefully will benefit present and future generations of researchers and scholars.

The ***Registers of Patients and Operations*** have found a fitting home in the new Library and Information Centre, Mansion House, Mercy University Hospital, Cork.

Joe Murphy, Librarian

a nursing initiative

The first combined study session for Community (Southern Health Board) and Mercy University Hospital nursing staff was held in April.

This initiative focused on a seamless service optimising the patient experience and was provided in the spirit of the Primary, the Quality and Fairness Health Strategies (DOHC 2001) and the Mercy Nursing Strategy documents (2004).

The Clinical Nurse Practice Development Unit and St. Therese's Oncology Ward facilitated the study session; and the afternoon consisted of formal and interactive skills-based practical

sessions, which focused on the management of patients with Central Venous access in the community. The afternoon was a huge success and validated by complimentary participant feedback and a demand for further sessions.

Assistance from ICT, Security and Catering staff was integral to the success of this initiative.

Caroline Daly, CNM2 Training & Development (N.P.D.U.)



L to R: Mary Dunning – Director of Nursing, Kay O'Mahony – CNM2 Training & Development (N.P.D.U.), Caroline Daly – CNM2 Training & Development (N.P.D.U.), Anne O'Keeffe – CNM2 Training & Development (N.P.D.U.), Linda Sheehy – CNS Oncology, Nicola Collins – CNM2 St. Therese's Ward, Nellie Bambury – CNS Infection Control and Noreen O'Sullivan – Assistant Director of Nursing.

kids are all “keane” on roy

Manchester United star, Roy Keane, pictured with children, parents and staff during a visit to the Children's Leukaemia Unit, June 2004.



connection to ucc computer network

Additional computers have recently been installed in the Medical Library. They are connected directly to the UCC computer network and provide access to a wide range of online information resources.

This is a very welcome addition to our Library service, which greatly improves our ability to provide speedy access to healthcare literature and further enhances our growing relationship with UCC. For further information, contact Joe Murphy at ext.5487 or library@muh.ie.

thought for the day

For attractive lips, speak words of kindness.

For lovely eyes, seek out the good in people.

For a slim figure, share your food with the hungry.

For beautiful hair, let a child run his fingers through it once a day.

For poise, walk with the knowledge that you never walk alone.

We leave you a tradition of the future –

The tender loving care of human beings will never become obsolete.

People, even more than things, have to be restored, renewed, revived, reclaimed and redeemed.

Never throw anyone away.

Author Unknown:

Attributed to Actress, Audrey Hepburn

Submitted by Catherine Leggett, Ward Clerk ICU



we all scream for ice cream

Mercy University Hospital's Catering Department presented a donation of €458 to Downs Syndrome Ireland, following a day of indulgence in May.

Hospital staff eagerly participated in the fundraising event, which was supported by Allied Foods and Southern Fruit.

Pictured above raising a spoon to their fundraising success are Richard Browne and Vera Griffin, Catering Department.

congrats received

From a letter dated 22 April 2004 to
Mr. John Murphy, CEO . . .

It was with great pleasure that I read the "Mercy Times" quarterly newsletter – (2 editions to date). I wish to congratulate the editorial staff, contributors and all involved in producing the newsletter. The attractive presentation and outlay draws one to read it easily.

I admire the involvement of all sections within the Hospital to be engaged in the venture. It speaks of a hospital community interested in being informed and involved in producing its own network of communications.

Renewed congratulations and wishing "Mercy Times" continued success into the future.

Yours sincerely,

Loretto Crowley, RSM

Provincial Leader
Sisters of Mercy, Southern Province

clinical measurement lab

The Clinical Measurement Lab was opened by the Minister for Health and Children in February 2004.

In the past several years, there have been dramatic advances in the area of clinical measurement which now permit the accurate and often, less invasive, assessment of various clinically relevant organ functions. Patients in Cork and, indeed, in the entire Munster region, had not previously benefited from these advances in medical science.

The development of the Clinical Measurement Lab at Mercy University Hospital (MUH), therefore, represents a major contribution to patient care in this Region and also provides an opportunity for the "live" demonstration of physiologic tests in a real clinical context to undergraduate and postgraduate medical students of the Medical School of University College Cork. The latter component of this venture should strengthen links between UCC and MUH and provide a real and tangible demonstration of the prominence of the Hospital in all aspects of the education of the medical students of UCC.

With remarkable foresight, Mercy University Hospital has already dedicated space for this Lab and has purchased several items of equipment central to its performance. A brief discussion of the clinical impact of some of these individual items will serve to emphasise the critical value of the Lab to patient care.

1. Gastrointestinal Motility and pH Testing.

The motility equipment obtained represents the state-of-the-art in its field and will permit, for the first time in the entire Munster region, the complete assessment of patients with one of the most common gastrointestinal disorders -- gastro-oesophageal reflux disease -- as well as disorders of motor function throughout the gut. It is a major concern to all of those who care for patients with reflux, as currently they have to travel by train to Dublin and stay overnight at their own expense to have these tests carried out. The availability of oesophageal motility and pH testing at MUH will also dovetail with the Hospital's status as a regional referral centre for oesophageal

disease. Motility testing will be of similar importance to the evaluation of colorectal function, another area of special focus at MUH.

2. Breath Testing. Mercy University Hospital pioneered the application of breath analysis in the diagnosis of common diseases with the introduction, some years ago, of the breath test for helicobacter pylori. The breath analysis equipment, which will be available to the Clinical Measurement Lab, will extend the application of this non-invasive methodology to the diagnosis of such common disorders as carbohydrate intolerance and intestinal bacterial overgrowth. Currently, the diagnosis of these conditions requires invasive testing or referral to a centre in Dublin.

3. Capsule Endoscopy. Patients with recurrent gastrointestinal bleeding may harbour vascular lesions in the small intestine which are currently visible only by a highly invasive, technically difficult and labour-intensive conventional endoscopic technique, enteroscopy. Similarly, the investigation of non-responsive symptoms in coeliac disease and the search for small bowel tumours has often necessitated the performance of either laparotomy or laparoscopy. The development of capsule endoscopy has, to a great extent, eliminated the need to proceed to enteroscopy or abdominal surgery in the evaluation of these, albeit less common, but clinically demanding diagnostic challenges.

Mercy University Hospital will be a leader in this field and should rapidly become the Regional Referral Centre for this technology.

Professor Eamon Quigley

general hospital information

HOSPITAL VISITING TIMES:

2.00 pm to 4.00 pm
6.30 pm to 9.00 pm

MEAL TIMES:

Breakfast	8.00 am
Lunch	12.20 pm
Tea	4.30 pm

MASS TIMES:

Saturday Evening:	7.30 pm
Sunday Morning:	10.00 am

Please check the Chapel for daily mass times.

BUSES:

Both the numbers 5 and 8 buses stop to the rear of the Hospital and both connect with the City Centre.

TAXIS:

A free phone taxi service is available from within the Hospital. The phones are located in the front hall of Main Reception.

lord of the dance drops in

The Bank Holiday Monday in May was made extra special when Lord of the Dance star, Michael Flatley, made a surprise visit to our Children's Leukaemia Ward.

Mr. Flatley was given a guided tour of the Ward and had nothing but good things to say about the dedicated staff and physical surroundings. He has personally been involved in fundraising

efforts on behalf of the Children's Leukaemia Association and believes that "charity begins at home."



L – R: Claire Coleman, Catherine O'Sullivan, Kate O'Keefe, Michael Flatley and Edel Kelly.

oncology clinical trials unit update

The Oncology Clinical Trials Unit was set up in April 2003; and I thought it was about time to provide you with an update.

The Trials Unit was set up:

- To provide the infrastructure for high quality clinical trials, as per Cancer Strategy 1996.
- To develop a means of coordinating Cancer clinical trial activity on an all-island basis.
- To make the island of Ireland internationally competitive in Cancer clinical trials.

Strong connections between Mercy University Hospital (MUH), South Infirmary-Victoria Hospital (SI VH) and Cork University Hospital (CUH) exist. Combined, these institutions play a significant role in facilitating Oncology Trials within the areas of breast, lung, colon, melanoma, prostate and neuron Cancers. The Health Research Board presently funds this Unit.

We currently have 21 Oncology Trials ongoing between MUH, CUH and SI VH; and at present, there are 4 trials open to recruitment in MUH.

The Principal Investigators include:

Professor Paul Redmond
Dr. Seamus O'Reilly
Dr. Oscar Breathnach
Ms. Deirdre O'Hanlon

Study Staff include:

Clinical Trials Co-ordinator:
Debra O'Hare – MUH/CUH/SI VH
CNM2 – Deirdre O'Keefe CUH
CNM1 – Joan O'Neill MUH
CNM1 – Anna Cole CUH
CNM1 – Eileen Hanley SI VH
Administrative Officer: Elaine Cronin CUH

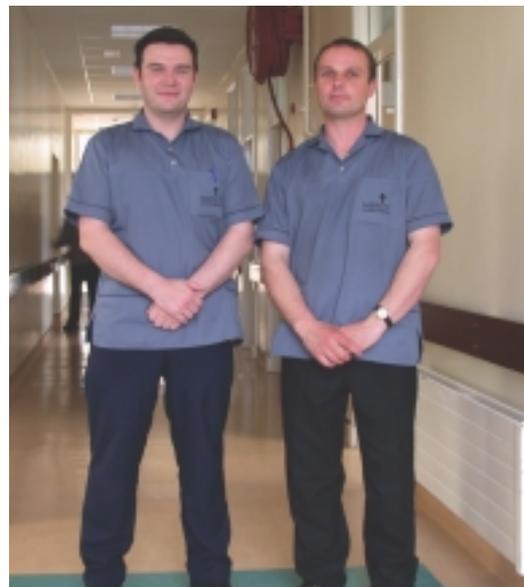
My background includes General Nurse Training in Beaumont Hospital, Dublin with the last 4 years in Oncology Nursing. My base is in Mercy University Hospital, but I also rotate to the CUH and SI VH as required.

I can be contacted at: (021) 4271971 ext. 5255 or e-mail: joneill@muh.ie.

My office is located in the Cancer Research Department, Room 2B.

I would like to sincerely thank MUH staff (names too numerous to mention) for their fabulous help and support to me in the past year.

Joan O'Neill, CNM1



L to R: Para-Nursing Department Staff, Dave Williamson (ward attendant) and Eugene Murphy (ward porter) sporting their new uniforms.

well wear

Ward Attendant and Ward Porter uniforms have recently been changed, in line with the Nursing and Para-Nursing Uniform Policy.

The new uniforms (purchased from Mary Coppinger Uniforms) have the Mercy University Hospital logo on the tunic. Staff members selected the colours for the new uniforms – the tunic is postman blue with navy trousers for Ward Attendants and black trousers for Porters. From a practicality standpoint, the new uniforms are more comfortable, user friendly, hygienic and Health and Safety approved.

We wish all staff "well wear" with the new uniforms!

Carol Hunter, Nursing Support Services Manager

7th annual De Pazzi Lecture

Dr. M. A. Bennett and Professor F. Shanahan instigated these annual lectures in 1998 in honour of Sr. De Pazzi, retired Matron of the Mercy.

This year's lecture was held on the 1st of June at Mercy University Hospital where Professor Des Fitzgerald from the Royal College of Surgeons, Dublin gave a presentation on 'Genes to Proteins: Mapping the Pathways to Human Disease.'

There was an excellent turnout for this presentation, which in itself is a great tribute to a remarkable woman.



Sr. Claude and family members.

Sr. Claude celebrates golden jubilee

Congratulations to Sr. Claude who celebrated her Golden Jubilee on 23rd April 2004. Fr. John McCarthy was the Celebrant at the Eucharistic Celebration and Sr. Claude's family, friends, members of the Mercy Community and Hospital staff attended.

Sr. Claude's sister-in-law, Sheila, paid a surprise visit from the United States and was carefully kept under wraps until the Eucharistic service finished. The hymns and music were provided by the Marion Singers, which contributed greatly to the joyous occasion; and the Mass was followed by further celebrations in the Lee Valley Golf Club.

Sr. Claude has a long association with Mercy University Hospital. She took up duty in 1958 and continued to work up to her recent retirement.

options hospital shop

Shop Times:

Weekdays: 8.00am – 9.00pm
Weekends: 11.30am – 9.00pm

The Shop is located opposite the main lifts, on the second floor of the Main Hospital in the Catherine McAuley Block.

It offers a variety of items including cards, magazines, daily newspapers, toiletries, food and drink items.

A Shop trolley service is also provided each morning to the Wards.

national hht centre

HHT (Hereditary Haemorrhagic Telangiectasia, also known as Osler-Weber-Rendu syndrome) is an inherited condition, which manifests principally through abnormal blood vessels.

The most common manifestations are abnormal skin vessels producing red spots in characteristic areas (telangiectasia), and frequent nose-bleeds from abnormal vessels in the nose. Abnormal vessels can also occur in other organs, particularly the lungs, the brain, the gastrointestinal tract and the liver, and may cause a variety of clinical problems, and rarely catastrophic complications and death. We estimate that up to 1,000 people in Ireland have this condition, but many may not know about it, or may not realise its potential for serious harm.

In January 2003, the National HHT Centre opened in Cork, based at Mercy University Hospital. The Minister for Health and Children, Mr. Michèal Martin, formally launched the Centre on 9th May 2003. This is the first centre in Ireland dedicated to the assessment and management of families with HHT. The Centre is staffed by medical and paramedical staff from Mercy University Hospital, Cork University Hospital and the South Infirmary-Victoria Hospital, with collaboration from medical professionals in many parts of Ireland. Dr. Adrian Brady (Medical Director) and Dr. Niall Colwell are the Consultants presently most involved in this work. Its principal mission is to identify patients suffering from HHT, to assess all relevant family members of these patients with a view to establishing whether or not they too are affected, and identifying what manifestations of HHT are present in each person affected. Appropriate management of all HHT manifestations will be offered, to treat

symptomatic aspects of the condition and to prevent serious complications of occult vascular malformations (e.g. monitoring of and, if appropriate, embolization of pulmonary arterio-venous malformations – PAVMs).

We invite anybody suffering from HHT, or who has an affected family member to contact the Centre. We also welcome contact from anybody who suspects that they may be affected, and we would be happy to arrange a review by the Centre's doctors, or to send information regarding the condition or the Centre's activities to any individual's own physician.

The National HHT Centre is supported by The Grace Nolan Foundation, which is in turn affiliated with the HHT Foundation International. We are indebted for the support offered by these two foundations and also to the Yale University Vascular Malformation Centre.

National HHT Centre phone line:

(021) 2305040 (voice mail - please leave name and contact number so the Centre's coordinator, Margaret Murphy, can contact you)

National HHT Centre coordinator e-mail:

Margaret@hht.ie

National HHT Centre website: www.hht.ie

Grace Nolan Foundation website:

www.gracenolan.ie

HHT Foundation International: www.hht.org

(a very useful resource for information about HHT)

Dr. Adrian Brady, Consultant Radiologist

Professor Peter Kearney retires but continues to develop children's services

Peter graduated from UCC in 1966. His initial Paediatric training took him to Edinburgh, but he returned to Cork to complete postgraduate studies in Physiology. He returned to the Whittington Hospital in the UK before returning to Dublin.

In 1973 he was appointed as Leukaemia Research Fellow in Great Ormond Street and then appointed as a Lecturer in Child Health at the University of Bristol. Peter was awarded an Ainsworth Scholarship in Oncology / Endocrinology. In 1978 he was appointed as a Consultant Paediatrician to Limerick Regional Hospital and, subsequently, Professor of Paediatrics at University College Cork. In 2000, Peter joined the Haematology / Oncology team at the Mercy, where he continues to care for children.

Peter has always been a family man; and I had the pleasure of meeting his clan recently. He was a 'hooker' for college and remains a loyal supporter of the UCC Rugby Club. He has been a great friend to me since arriving from the second capital of Ireland.

I'm delighted that he will be staying with us at MUH and helping us develop services for children in the years to come.

Dr. David Coghlan, Consultant Paediatrician

human resources department news

welcome new appointments

We wish to welcome the following staff, who recently joined Mercy University Hospital.

March

Catherine Valerie Murphy *Staff Nurse*
Gerard O'Regan *Porter*

April

Conor Crowley *Ward Attendant*
Tina Danza *Ward Attendant*
Christine Griffin *Staff Nurse*
Edel Griffin *Staff Nurse*
Pamela Harrington *Ward Attendant*
Noelle Kelly *Staff Nurse*
Pamela Milner *Ward Attendant*
Nora O'Dwyer *Ward Attendant*
Denise Russell *Radiographer*

May

Pauline Harrington *Catering Assistant*
Deirdre Kelly *Ward Attendant*
Celia Lane *Staff Nurse*
Cliona Leonard *Ward Attendant*
Helen Maher *Medical Scientist*
Louise McCarthy *Ward Attendant*
Teresa McCarthy *Catering Assistant*
Aileen Mulcahy *Ward Attendant*
Shane Mullins *Porter*
Stephanie Murphy *Staff Nurse*
Robert Njoajwuni *Radiographer*
Deirdre O'Brien *Clerical Officer*
Aoife O'Connell *Catering Assistant*
Marie O'Neill *Ward Attendant*
Niamh O'Regan *Catering Assistant*
Shirley Patterson *Dietician*
Bryan Walsh *Theatre Attendant*

June

Sinead Ahern *Ward Attendant*
Louise Broderick *Physiotherapist*
John Durcan *General Operative*
Deirdre Healy *Medical Scientist*
Gina Hussey *Staff Nurse*
Rachel Kiely *Ward Attendant*
Jamie Kirby *Catering Assistant*
Sarah Manning *Ward Attendant*
Karen McSweeney *Medical Scientist*
Alan O'Dwyer *Ward Attendant*
Noleen O'Mahony *Clerical Officer*
Noma Sheehan *Clerical Officer*

consultant appointment

Welcome to Dr. Martin Buckley, Gastroenterologist / Consultant Physician, who recently joined Mercy University Hospital.

retirement

Mercy University Hospital would like to thank Dr. Michael Bennett, Consultant Physician, for his service throughout the years and to wish him a long and happy retirement.



staff news

Congratulations and very best wishes to the following staff members:

engagements

Claire Hynes – St. Catherine's Ward.
Anne-Marie McCarthy – X-Ray.
Clare O'Mahony – X-Ray.

weddings

Olga Buckley – Paediatric Oncology.
Denise Chute – X-Ray.
Karen Collins – X-Ray.
Una Fahy – St. Anthony's Ward.
Brea Fitzgerald – X-Ray.
Brenda Kearney – Salaries.
Deirdre Sweeney – St. Catherine's Ward.

it's a girl

Elaine Coakley – Infection Control.
Aida Collins – X-Ray.
Claire Cotter – Occupational Health.
Eleanor Crowley – School of Nursing.
Deborah Egan – ICU.
Rebecca Murray – PC.
Elizabeth Myers – School of Nursing.
Tracy Nolan – St. Therese's Ward.
Mary O'Connor – PC.

it's a boy

Mr. Ger McGreal – Consultant Surgeon / Vascular.
Maria Connolly – Department of Nursing.
Mary Deasy – Risk Management.
Marian O'Connell – St. Anne's Ward.
Siobhán Roche – PC.
Olga Walsh – Catering.
Rena Young – X-Ray.

it's twin girls

Gaye Murphy – Nursing Administration.

In each issue of the Mercy Times, we would like to include the names of staff members who recently became engaged, got married, or welcomed a new addition to their family. If you or one of your colleagues has staff news to share, would you please contact the Editor or any Editorial Committee member.

Despite our best efforts, there may be some omissions due to our inability to obtain timely approval.

presentation of certificates

Our picture shows members of nursing management with the students who completed the recent High Dependency Nursing Course and were presented with their certificates.

Front Row L-R: Fiona Guidera, Orla O'Callaghan, Mary Montgomery, Margaret McKiernan, Marion Fehily, Saskia Von Tergouw and Mary O'Brien. Back Row L-R: Mary Dunion, Martina Hughes, Bridget Coffey, Margaret Dennehy, Patricia Mansfield, Kay Crowley, Carmel Ryan, Eileen Looney, Karen Nitzsche, Therese Collins, Siobhán Glavin and Catherine Kelleher.





L to R: John Murphy, CEO proudly helps Dave Walsh, Director of Development display his trophies.

golf news

The Irish Health Services Golf Championships were held at Glasson Golf Club, Athlone on Friday, 14th May. Our own Dave Walsh, Director of Development, had a great game and came home in first place with 42 points, playing off a handicap of 9, which is equal to 3 over par.

It has recently been confirmed that the Health Promotion Unit of the Department of Health, who organise the event, has selected Dave as a member of the Irish Health Services Golf Team which will represent Ireland in the Five Nations Golf Championship to be held later this year in Wales.

This is Dave's first time being 'capped' for his country.

manual & patient handling facilitators course

Nine staff members recently participated in a Manual & Patient Handling Facilitators Course, which was facilitated by Safety First Ltd., with Ms. Andrea O'Donovan as lead facilitator. The MUH group was very enthusiastic and motivated.

We extend hearty congratulations to all the new instructors for having successfully completed this intensive course with flying colours!

Alice Burke, Tracy Dineen, Bertie Kelleher, Marie Kelleher, Ross Kelleher, Eileen O'Donnell, Anne O'Keefe, Michelle O'Sullivan and Margaret Owens.

new president elect of rcsi

Professor Gerry O'Sullivan, Consultant Surgeon at MUH, was honoured by the Royal College Surgeons of Ireland with the Presidency Elect of the College.

The College recognised his manifest excellency in research, teaching and clinical practice.

It is a great honour for Professor O'Sullivan to lead the College nationally and internationally in the coming years.



word search

Try your luck at finding the following words. Letters can be used more than once, words may be found vertically, horizontally, diagonally or backwards.

Words:

Mercy, University, Hospital, Lee View, Grenville, Place, Catherine, McAuley, Inpatient, Day, Care, Consultant, Nurse.

O	U	T	D	G	E	C	A	L	P	S	Q
G	P	N	Z	B	R	U	D	A	Y	B	U
R	L	E	E	V	I	E	W	T	S	E	M
E	A	I	B	A	O	M	I	I	L	N	C
N	R	T	H	N	E	S	A	P	B	I	A
V	W	A	S	M	R	D	K	S	I	R	U
I	D	P	C	E	A	I	C	O	D	E	L
L	T	N	V	R	S	E	Z	H	O	H	E
L	X	I	J	C	I	R	R	P	S	T	Y
E	N	F	O	Y	G	Q	U	O	H	A	F
U	T	N	A	T	L	U	S	N	O	C	E

Submitted by Deirdre O'Connor, Patient Accounts Supervisor

nurseaid

The UCC Nursing Society, which represents over 600 nursing students at UCC, ran a fundraising night in Bar Rumba, Tuckey Street (sponsors of the Society) and raised over €1,000 in a few hours. The Society generously presented two new TV-video combi units, art chests, videos, playmats, play centres and more to our Children's Ward. **Thank you to all who were involved in these efforts!**

spicy BBQ sauce

Ingredients:

1 tablespoon oil
1 onion finely chopped
2 tablespoons brown sugar
1 slice lemon
pinch cayenne pepper
4-5 tablespoons tomato ketchup
1/4 pint of water
2 tablespoons vinegar
2 teaspoons English mustard
1 sprig fresh thyme
2 tablespoons Worcester sauce
2 tablespoons tomato puree
salt and freshly ground black pepper – to taste

Method:

Heat oil and fry onions and garlic together until soft. Add all the ingredients to the pan and bring slowly to the boil and simmer for 15 minutes.

Remove the lemon slice and sprig of thyme before serving.

Suggestion:

Serve with BBQ hamburger, chicken wings or ribs and a fresh green salad! (this sauce freezes well)

Submitted by Antoinette Goulding, Senior Chef