



Mercy University Hospital, Centre of Nurse Education

Prospectus Spring 2021



Mission Statement of the Centre of Nurse Education

The Centre of Nurse Education is committed to providing high quality, accessible education. We view education as a shared undertaking with teaching staff as facilitators and learners as active participants in their knowledge development.

Learning is a life-long process which enables individuals to think critically in the appraisal and application of knowledge, skills, and values as these relate to self, others, and the environment. This philosophy guides our values set out below.

- We seek to excel in the field of education ensuring that our programmes are accredited, progressive and empowering.
- We are accountable to our stakeholders through our collaboration, responsiveness and performance. We strive to act at all times with complete integrity and transparency
- Our service is based on an ethos of fairness and quality. Education is equitable, accessible, flexible and measurable.
- We value and respect each person's contribution, through trust, courtesy and collaboration.
- We continuously strive for innovative enhancement to the services we provide working in partnership with stakeholders for the good of the public.

Foreword

It is with pleasure that I welcome you to the Spring 2021 edition of the Prospectus for the Mercy University Hospital, Centre of Nurse Education.

The availability of continuing education programmes has been prioritised in accordance with available resources and service needs. The Centre of Nurse Education produces a prospectus twice yearly, in Spring and Autumn. There are occasions when additional courses/study days are scheduled within the life span of the current Prospectus. In such cases, these will be advertised to relevant stakeholders prior to delivery.

The Centre of Nurse Education works in partnership with Higher Education Institutions, Nurse Midwifery Planning and Development and Nursing Practice Development Units. We seek appropriate validation and accreditation for programmes / units of learning from the relevant awarding bodies and from the Nursing & Midwifery Board of Ireland. All programmes are evaluated by learners and staff of the Centre of Nurse Education and revised as appropriate in partnership with relevant stakeholders.

Please feel free to browse the Prospectus where you will find information pertaining to the continuing professional education programmes offered, including the relevant contact details. I hope the courses on offer facilitate your continuing professional development needs. Our programmes will be delivered in accordance with the latest government and public health guidelines. For the academic term, the Centre of Nurse Education will use a blended learning approach to support the safe delivery of its continuous professional development programmes

Finally, I wish to acknowledge the support of my team and other visiting speakers in the development of this Prospectus. I wish all participants attending the programmes well and I look forward to seeing you in the Centre of Nurse Education, Mercy University Hospital.

Stay safe and well.

Yours sincerely

Ann Cummins

Director of Centre for Nurse Education, Mercy University Hospital

Staff of the CNE

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Director of Centre of Nurse Education	Ann Cummins		
Nurse Teacher	Eleanor Crowley	(021) 4935199	ecrowley@muh.ie
Nurse Tutor Specialist Co-ordinator	Elizabeth Myers	(021) 4935182	emyers@muh.ie
Nurse Tutor	Siobhan Burke	(021) 4935185	siburke@muh.ie
Clerical Officer	Lorna Paterson	(021) 4935184 0860598748	cne@muh.ie

The Educational Facilities:

The Centre offers the following facilities:

Ground Floor

- 1 Lecture Theatre to accommodate 90 participants, with ICT Connection-LCD Projection. This can also be used for Live Streaming of Conference's from other venues
- 1 Classroom to accommodate 40 participants, with ICT Connection-LCD (this room can also be divided into 2 separate rooms).
- Canteen that accommodates up to 50 participants.

First Floor

- Library and Information service

Second Floor

- Training Room with ICT Connection-LCD Projection. This can also be used for practical sessions
- Training ward with ICT Connection-LCD Projection. This room consists of 2 beds and one trolley and can be adapted for practical sessions

Library and Information Service

Location

1st Floor, Centre of Nurse Education

Opening Hours

8am to 9pm, Monday to Friday

Contact Numbers

Phone: 353 21 4935487

Email: library@muh.ie

Staff

Ms Breeda Herlihy: Librarian

Ms. Mary Whitaker: Library Assistant

Access

The Library services and facilities are available to:

- All MUH staff
- Students on placement at MUH
- Those attending CNE courses

Role of the Library

The Library's role is to support evidence-based clinical practice and the learning, teaching and research needs of the MUH staff and other designated users. It attempts to do this by providing access to:

- A study area with facilities conducive to reading and study and research
- Print and electronic information resources both locally and remotely
- Instruction in library and information seeking skills

Information Resources

Books (Print): The Library has a large collection of books covering most medical, surgical, nursing and allied health subject areas. Other subject areas covered include Philosophy, Ethics, Sociology, Economics, Law, History, Business and Management. The books are on open access and are catalogued according to the Dewey Decimal Classification Scheme.

Journals (Print): In recent years the Library has cancelled many of its print journals subscriptions in favour of subscriptions to the online versions.

Online Journals: The Library provides online full-text access to thousands of journal titles.

Databases: The Library provides access to the main health sciences bibliographic and full-text databases.

Facilities

There is a spacious and well fitted out study area as well as a computer room comprising of 11 PCs. The PCs have full Internet access, the requisite up-to-date software and printing facilities. The Library also provides scanning and photocopying facilities. There is also a group study room with online access.

Services

Borrowing: Library users may borrow 6 books for a maximum period of two weeks.

Document Supply Service: The Library provides a quick and efficient Inter Library Loan/Document Supply Service. Most journal article requests are satisfied within 24 hours.

Information Skills Training: The Library provides training to groups and individuals to help them identify, locate, use and evaluate the information resources needed to support clinical practice, learning, teaching and research.

Links and Partnerships

In the planning, delivery and evaluation of professional development programme's the Centre works collaboratively with:

- Nursing Midwifery Planning and Development Unit (Cork/Kerry)
- Office of the Nursing and Midwifery Services Directorate
- Catherine Mc Auley School of Nursing & Midwifery, University College Cork
- Dublin City University
- Nurse Practice Development Unit, Mercy University Hospital
- Directors and Assistant Directors of Nursing and Public Health Nursing
- Advanced Nurse Practitioners, Clinical Nurse Specialists

Information for course participants

Directions to the Centre of Nurse Education, Mercy University Hospital

Address: 34 Henry Street Cork

Tel: 021 4935184

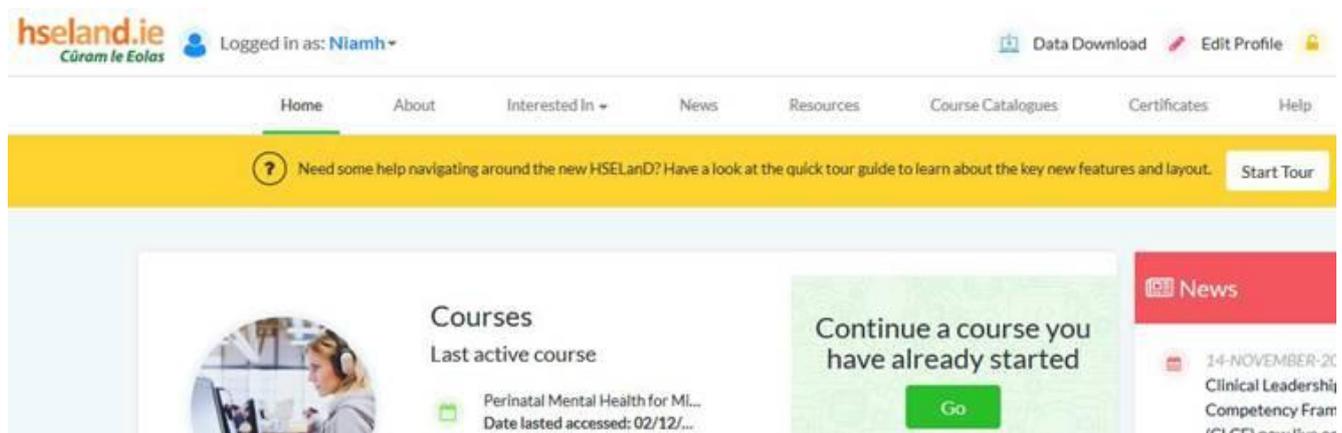
For directions to the Mercy Hospital, please go to www.muh.ie on the right hand side under "quick links" go to "get directions". The Centre of Nurse Education is on Henry Street, left hand side (glass fronted 3 storey building, see image on the cover of prospectus)

The Application Process

Course places are available to registered nurses and healthcare personnel in the public and private health care systems and voluntary sector

Participants are able to enrol on available courses through HSEland by following the below steps;

1. Login to <https://www.hseland.ie>
2. Register/edit your profile (top right hand corner, see box below)
3. Click on 'Course Catalogues' (one of the headings, see below)



4. Scroll down and click on 'ONMSD' (see box below)



5. Click on 'Centre of Nurse Education, Mercy University Hospital, Cork'
6. Click on your place of work
7. Click on the course you wish to attend from the list of courses
8. Choose the date you wish to attend and click 'Enrol'
9. Provide the information requested
10. Please allow a few days for application approval. Please check your spam folder if approval is delayed.

What happens if a course is deferred?

A course will be postponed if the minimum number of attendees has not been reached. This will take effect one week before commencement date of programme. Every effort will be made to ensure a programme continues but if unforeseen circumstances occur (eg in unprecedented weather conditions) courses may be subject to cancellation at very short notice. All programmes will automatically be cancelled without notice in a RED ALERT. Each attendee will be contacted as soon as feasible of the cancellation by the Centre of Nurse Education at the telephone number listed on the application form.

Fees

Registered Nurses working in the Private Sector are welcome to access programmes advertised within this brochure for a fee, please contact Lorna Paterson.

Parking

Parking options

Option 1:

St. Finbarr's Car Park, Wandesford Quay (the bridge before the River lee hotel bridge) (Open 24 hrs) Tel: 4975265 – Participants visiting the Mercy University Hospital can avail of parking at €8 for 24hrs. Once you have collected your ticket in the car park, **please ensure you get it validated** at the Mercy University Hospital Shop (located in the hospital on the 2nd floor) before returning to the car park to avail of the discount. €1 of the parking charge goes towards the Mercy Hospital Foundation.

Option 2:

Street parking -1 hour limit. You can buy a parking disc in the Mercy University Hospital shop which is located on the 2nd floor of the hospital.

Option 3:

Check <http://www.cork.ie/gettinghereandaround/citycarparks/>

Note:

Rates and opening times are correct at the time of printing; they may be subject to change

DISCLAIMER for the PROVISION of EDUCATION/TRAINING by the MUH CNE

Attendance and/or participation in continuous education programmes which are provided by, or on behalf of the CNE are subject to the following terms and conditions:

Continuous Education Programmes are developed solely for the purposes of the CNE's requirements in the interests of protecting and improving the health of the public in respect of the knowledge and training of nurses and other employees of a healthcare provider who are engaged in a healthcare environment (whether public and/or private).

In light of these purposes, programmes are intended to provide educational information to aid and augment an understanding of the theoretical subject matter presented and/or the practical application of certain skills and competencies.

It is the individual responsibility of each practitioner to assess and maintain his/her own competence in respect of any situation and to assess the limitations of his/her competence. Programmes are not intended to affect, interfere with or limit a person's individual responsibility to practice safely and effectively within his/her scope of practice and in accordance with any local policies, guidelines and/or protocols which may exist.

The CNE shall have no liability, whether in (a)contract, (b)tort, (c)statute or (d)otherwise, for any injury, loss, damage or claim arising out of, or in connection with, any person's attendance and/or participation in programmes including but not limited to the subject matter thereof and/or arising out of the use of any handbooks, guidance notes, other documentation, oral presentations/demonstrations, web-based learning tools or any other instruction or materials provided as part of this course (the "Materials"), howsoever arising.

Any Materials provided by the CNE as part of this programme are provided for information and guidance purposes only. The CNE makes no representation, assurance, warranty or guarantee of any kind whatsoever in relation to the Materials. The provision of the Materials is without prejudice to the obligation of persons attending and/or participating programmes to continually develop themselves as professionals, where applicable.

These terms and conditions are without prejudice to the operation of the Clinical Indemnity Scheme and the professional responsibilities of any persons attending and/or participating in this programme.

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Adult Peripheral Intravenous Cannulation Programme

Aim: The aim of this national programme is to enhance the knowledge and skills of registered nurses in relation to the theory and practice of IV Cannulation in adults.

Content: A blended learning approach is taken. The theoretical component can be accessed by registered nurses online via the HSE e-learning website www.hseland.ie and the practical components are delivered via the supervised practice workshops in the Centre of Nurse Education.

Intended Learning Outcomes:

On completion of the programme participants will be able to:

- Discuss the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the nurse in the practice of adult IV cannulation.
- Discuss the theory and key skills pertaining to IV cannulation in adults.
- Discuss the importance of infection control measures in the practice of IV cannulation.
- Demonstrate and maintain competence in the skills pertaining to adult IV cannulation post skills demonstration and practice in the classroom setting and supervised assessment in the clinical setting.

Accreditation: 3 CEUs

No of Places: 8

Target Audience: Registered nurses working in the health service.

Facilitators: Centre of Nurse Education teaching staff

Participant Pre-requisites:

- Hand Hygiene must be completed within the last 2 years.
- Completed a full Medication Course (including IV Medication Training) and a refresher course every 2 years.
- A policy in the Organisation to support the Registered Nurse in the practice of Adult Peripheral Intravenous Cannulation Programme
- A clinical assessor nominated by the organisation to supervise and support the participant to complete the clinical competency assessment.
- Participants are to access and complete the theoretical component of the Adult IV Cannulation Programme via www.hseland.ie and complete the online assessment.
- **Copy of successful online assessment grade is to be presented by the participant to Lecturer on arrival at the Centre of Nurse Education .**
- **Complete and return Clinical Competency form to the CNE within 12 weeks of completion of the programme**

Date	Venue	Time	Duration
2 nd June 2021	Centre of Nurse Education, 34 Henry Street, Cork	10am – 1pm (Practical)	3 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Adult Venepuncture

Aim:

The aim of the workshop is to enhance the knowledge and skills of registered nurses in relation to the theory and practice of adult Venepuncture.

Content:

A blended learning approach where by the theoretical component can be accessed by registered nurses online via the HSE e-learning website www.hseland.ie and the practical components are delivered via the supervised practice workshops in the CNE.

Intended Learning Outcomes:

On completion of the programme the participants will:

- Discuss the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the registered nurse and the practice of adult venepuncture
- Discuss the theory and key skills pertaining to adult venepuncture
- Discuss the importance of infection control measures in the practice of adult venepuncture
- Demonstrate competence in the skills pertaining to adult venepuncture on return to their work settings, following skills demonstration and supervised practice
- Understand the potential complications of adult venepuncture and manage effectively.

Accreditation:

NMBI 3.5 CEUs

No of Places Available:

10

Target Audience:

Registered Nurses working in the Irish Health Service registered with NMBI

Facilitators:

Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Pre-requisites:

- Policy in the Organisation to support the Registered Nurse in the procedure of Adult Venepuncture
- A clinical assessor nominated by the organisation to support and mentor the participant to complete the competency assessment.
- Participants are to access and complete the theoretical component of the Adult Venepuncture Programme via www.hseland.ie and complete the online assessment.
- Each participant needs to pass the online assessment in advance on HSELand in order to apply and to undertake the practical component of the programme in the Centre of Nurse Education
- Copy of online assessment result/grade is to be presented by the participant to the Programme Facilitator on arrival at the Centre of Nurse Education
- Participants who do not present the assessment result/grade cannot undertake the practical component of the Venepuncture Programme
- This programme is designed ONLY for Registered Nurses with the Nursing and Midwifery Board of Ireland (on the live register)
- Hand Hygiene must be completed within the last 2 years.

- **Complete and return Competency of Skill form to the within Centre of Nurse Education 12 weeks of completion of the programme.**
- Failure to return completed competency form to the Centre of Nurse Education within 12 weeks of completion of the programme will require the learner to repeat the component of the Adult Venepuncture Programme via www.hseland.ie, complete the online assessment, undertake again the practical component in the CNE and repeat supervised practice within the participant's organisation again.
- All sections competency form must be completed by the participant and nominated supervisor

Date	Venue	Time	Duration
4 th March 2021	Centre of Nurse Education, 34 Henry Street, Cork	14.00-17.00	3 hours
22 nd April		10.00-13.00	3 hours
1 st June		10.00-13.00	3 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Acute Life Threatening Events Recognition and Treatment (ALERT)

Aim:

1. Ensure Early, timely recognition of deteriorating patients at ward level.
2. To enhance theoretical knowledge in relation to the assessment and management of deteriorating patients

Content (Virtual & Scenario Workshop)

Patient Assessment (ABCDE approach)

Management of deteriorating patient (including: hypoglycaemia, sepsis, blue and breathless patient, pain)

Communication and handover using tools (ISBAR)

Use of PPGS (Escalation protocol, NEWS 2 chart)

Simulated scenarios and group work

Intended Learning Outcomes:

1. Identify a patient that has deteriorated or is at risk of deterioration
2. Conduct a detailed patient assessment
3. Demonstrate ability to follow local escalation protocol
4. Demonstrate ability to escalate patient appropriately using appropriate communication tool and pathway
5. Apply knowledge to manage the deteriorating patient appropriately

Accreditation:

Category 1 Approval, 13 CEU's

No of Places: Maximum 20

Target Audience: Nursing (all grades) working in the acute sector, Physiotherapy, Medical Interns and Medical Students of the Mercy University Hospital, Cork.

Facilitators: Registered Nurse Tutors, Centre of Nurse Education; Clinical Facilitators, Nurse Practice Development Unit, Mercy University Hospital; Clinical Nurse Specialists, Mercy University Hospital; Physiotherapist, Mercy University Hospital; Lecturer in Medical Education, University College Cork and Mercy University Hospital.

Date	Venue	Time	Duration
Wed 28th Apr	Virtual	08:30-14:30	6 hrs
Thurs 29th Apr	Workshop	08:30-11:30 12:30-15:30	3 hrs
Tues 11th May	Virtual	08:30-14:30	6 hrs
Mon 17th May	Virtual	08:30-14:30	6hrs
Tues 18th May		08:30-11:30 14:00-17:00	3 hrs

Tues 15th June	Virtual	08:30-14:30	6hrs
Wed 16 th June	Workshop	08:30-11:30 12:30-15:30	3 hrs
Thurs 17 th June	Workshop	08:30-11:30 12:30-15:30	3 hrs

Programme application is to Clerical Officer, Nurse Practice Development Unit, Mercy University Hospital npdu@muh.ie

Anaphylaxis Training (Blended Learning)

Aim:

To prepare healthcare professionals to correctly recognize and effectively manage patients who develop an anaphylactic reaction.

Prerequisites:

The Anaphylaxis Programme is available on HSELand. Staff wishing to complete this course for the first time must complete the on-line version first. Then within 3 weeks of completion they should complete the one and a half hours skills component of this course at their local Centre of Nurse Education (CNE). They should book their skills component of this course first in the CNE via HSELand to ensure they can be offered a place within 3 weeks of completing the on-line component.

Participants must have completed a BLS Programme for Healthcare Providers within the past 2 years. If you require a refresher course on BLS in advance of attending for Anaphylaxis programme please view BLS programme availability on Classroom management System on HSELand

Workshop (2 hours)

- Anaphylaxis Quiz (Pre Workshop)
- Preparing and drawing up 1st and 2nd line medications
- Case management scenarios of adult, child and infant who develop an allergic reaction/anaphylactic reaction

Intended Learning Outcomes:

On completion of the programme the participants will:

1. Differentiate between severe allergic reaction and anaphylaxis
2. Discuss the management of the care of infants, children and adults with anaphylaxis
3. Demonstrate the calculations and preparation of appropriate drugs under medication protocol
4. Discuss current RCPI National Immunisation Guidelines and other current evidence for the management of Anaphylaxis
5. Identify local and national guidelines for the management of Anaphylaxis

Accreditation:

NMBI 4 CEU's

NB: The online HSELand programme should be completed as a refresher every 2 years.

No of Places:

Please see Classroom Management System on HSELand for programme availability

Target Audience:

Nurses from all disciplines working in the public, voluntary and private sector

Facilitators:

Teaching staff at the Centre of Nurse Education, Mercy University Hospital, Cork

Programme Application is via Classroom Management System on HSELand

Date	Venue	Time	Duration
7 th , 13 th , 14 th , 19 th 20 th , 21 st , 25 th , 26 th , January 2021	Centre of Nurse Education, 34 Henry Street, Cork		*All workshops of 2 hour duration

3 rd , 8 th , 10 th , 16 th , 18 th , February 2021			
1 st , 2 nd , 9 th , 16 th , 31 st March 2021			
13 th , 24 th May 2021			

*Programme Application is via Classroom Management System on www.hseland.ie

Basic Life Support for Healthcare Providers (BLS)

Aim:

To teach the principles and techniques of Basic Life Support for Adults, Children and Infants

Content:

Introduction:

2020 AHA BLS Guidelines

Adult BLS skills

Use of Automated External Defibrillator

Child BLS skills

Infant BLS skills

Adult, Child and Infant foreign body airway obstruction

Management of victims of stroke and heart attack

Intended Learning Outcomes:

On completion of the programme the participants will:

- Discuss 2020 AHA guidelines for CPR and emergency cardiovascular care
- Initiate the chain of survival with emphasis on team management
- Perform prompt, high quality CPR and safe use of an AED in a cardiac arrest situation(adult/child/infant)
- Perform rescue breathing for patients who develop respiratory arrest(adult/child/infant)
- Manage the choking of an adult, child or infant.
- Recognise victims of stroke/heart attack and seek appropriate help.

Accreditation:

Irish Heart Foundation (ecards)

No of Places:

4 attendees per programme

Target Audience:

Nurses from all disciplines working in the public, voluntary and private sector

Facilitators:

Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
January 7 th , 8 th , 14 th , 15 th , 18 th , 19 th , 20 th , 21 st , 26 th , 27 th , 28 th , 29 th .	Centre of Nurse Education, 34 Henry Street, Cork		Half Day
February 1 st , 2 nd , 3 rd , 4 th , 5 th , 9 th , 11 th , 12 th , 15 th , 16 th , 17 th , 18 th , 22 nd , 23 rd , 24 th .			
March 2 nd , 4 th , 5 th ,			

8 th , 9 th , 10 th , 11 th . April 13 th , 15 th . May 18 th , 20 th . June 24 th			
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*Programme Application is via Classroom Management System on www.hseland.ie

Urethral Catheterisation in Females / Males (Adults) Blended Programme

Aim:

The aim of the course is to enhance the knowledge and skills of registered Nurses in relation to the theory and practice of adult male and female urethral catheterisation and enable the nurse practice competently.

Content:

Day 1 Virtual

- NMBI Professional Guidelines including Code of Professional Conduct & Scope of Nursing & Midwifery Practice.
- Revision of the anatomy and physiology of the adult female and male genito-urinary tract
- Indications, contra-indications and complications of adult male and female urethral urinary catheterisation
- Infection control and prevention in the practice of adult male and female urethral urinary catheterisation
- Evidence based knowledge and skill of adult male and female urethral urinary catheterisation

Day 2: Practical

- Practical Workshop on adult male and female urethral urinary catheterisation: Skills demonstration and supervised skills practice for each participant.
- Knowledge assessment
- Discussion on the Skills competency form for work settings
- Evaluation

Intended Learning Outcomes:

On completion of the programme the participants will:

1. Demonstrate an understanding of the Scope of Nursing and Midwifery Practice Framework (NM&BI 2020) as it pertains to the role of the registered Nurse and the procedure of adult male and female urinary catheterisation.
2. Understand the theory and key skills pertaining to the procedure of adult male and female urethral Catheterisation
3. Understand the importance of infection prevention and control in the procedure of adult male and female urethral catheterisation.
4. Develop competence in the skills pertaining to male and female urethral catheterisation on return to their work settings, following skills demonstration and supervised practice
5. Understand the potential complications of male and female urethral catheterisation and manage risk effectively.

Accreditation:

NMBI Category Day 1: 5.0, Day 2: 4.5, Self – Directed Learning 1.0

No of Places Available:

8

Target Audience:

Registered Nurses caring for adult male and female patients with urethral catheter in situ, supported by organisation's evidence based policy in place.

Facilitators:

Centre of the Nurse Education Mercy University Hospital teaching Staff

Pre-requisites:**Participant:**

- Current Registration with Nursing and Midwifery Board of Ireland
- Revision of the anatomy and physiology of the urinary system

Organisation:

- Evidence based practice guidelines/policy in relation to catheterisation must be in place to support the registered nurse
- Clinical supervisor is nominated to supervise practice and complete competency assessment

Assessment:

- There will be a knowledge assessment of course content at the end of this programme
- Practice of skills with supervision and feedback to participants

Date	Venue	Time	Duration
TBC	Centre of Nurse Education, 34 Henry Street, Cork		

*Programme Application is via Classroom Management System on www.hseland.ie

Supra-Pubic Catheter Change (Adults) Blended Programme

Day 1- Online virtual classroom session

Day 2- Supra-pubic catheter change workshop held in the Centre of Nurse Education

Aim:

The aim of the course is to enhance the knowledge and skills of registered Nurses in relation to the theory and practice of supra pubic catheterisation and enable the nurse practice competently.

Content:

- Standard precautions and appropriate PPE (Covid 19)
- Aseptic Technique
- Best practice in Supra Pubic Catheter Care
- Theory and practice of Supra Pubic Catheterisation
- Catheter-associated Urinary Tract Infection (CAUTI) Bundle of Care
- Supervised Practice Workshop

Intended Learning Outcomes: *On completion of the programme the participants will:*

- Demonstrate an understanding of the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the registered Nurse and the procedure of Supra-Pubic Catheterisation
- Understand the theory and key skills pertaining to Supra-Pubic Catheter change and management of care
- Understand the importance of infection prevention and control in the procedure of Supra-Pubic Catheter care
- Apply Catheter Associated Urinary Tract Infection (CAUTI) Bundle of Care
- Understand the potential complications of Supra-pubic catheter change and management of care
- Develop competence in the skills pertaining to Supra-pubic catheter care and catheter change (on return to their work settings), following skills demonstration and supervised practice

Prerequisites:

Enrolment is not permitted unless you have taken **all** of the modules/programmes listed below, or their equivalents:

- ANTT Aseptic Non Touch Technique
- Hand Hygiene for HSE Clinical Staff
- Donning & Doffing of PPE in community healthcare settings
- Introduction to Infection Prevention and Control

Attendees are required to complete pre course reading including:

- Code of Professional Conduct and Ethics for Registered Nurses and Registered Midwives (2014)
- Scope of Nursing & Midwifery Practice Framework (2020)

Assessment:

- There will be a knowledge assessment of course content at the end Day 1 of this programme
- Supervised practical skill assessment will be completed on Day 2 with feedback to participants
- Participants must submit completed competency assessment document within 6 months of course dates to the Centre of Nurse Education in order to receive certificate of programme completion

Accreditation: Category 1 Approval, 4 5 CEU's

No of Places: 20

Target Audience:

Registered Nurses caring for Patients with supra pubic catheter in situ, supported by organisation's evidence based policy in place.

Facilitators: Centre of the Nurse Education Mercy University Hospital teaching Staff

Date	Venue	Time	Duration
27 th April Day 1 (Virtual)	Centre of Nurse Education, 34 Henry Street, Cork	0845-14.30	5.45hrs
4 th May Day 2 (Practical)		0945-12.30	2.5 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Clinical Audit

Aim:

To enable the nurse to undertake Clinical Audit in the practice setting

Pre-requisites:

- Print off and review literature forwarded by CNE and bring with you to Day 1 of course
- Commit to completing an audit of a small aspect of practice and present to group on Day 2 (Day 1 will review all the steps required and templates for use)

Day 1 Content:

- Overview of clinical audit
- The audit process
- Standard setting
- Writing objectives
- Data collection
- Data collation/analysis
- Interpretation of audit findings
- Write up an audit report
- Discuss use of templates
- Outline of project work to undertake an audit in clinical practice to present on day 2

Day 2 Content:

Presentation of practice based audit project

- Review audit findings
- Identify root cause of problem and use of various tools
- Quality improvement plan
- Managing change
- Monitoring and sustaining improvement
- Use of various strategies

Intended Learning Outcomes for the 2 day programme:

On completion of the programme the participants will:

- Articulate a definition and understanding of Clinical Audit and how this fits with national quality and risk developments in Ireland
- Define and carry out a clinical audit
- Choose a topic for audit
- Outline the audit methodology
- Define and set standards and criteria
- Analyse the structure, process and outcome

- Collect data for audit
- Collate/analyse the data
- Present a report
- Identify root cause of problem
- Develop a quality improvement plan
- Make changes needed and sustain the change as part of the quality improvement process.
- Use various strategies to sustain the change
- Participate in workshop on the application of tools and techniques

Accreditation:

Pending

Target Audience:

Registered Nurses working in Public, Voluntary and Private healthcare settings

Facilitators: Ms Elizabeth Myers, Centre of Nurse Education

Date	Venue	Time	Duration
TBC	Centre of Nurse Education, 34 Henry Street, Cork		Two Days

*Programme Application is via Classroom Management System on www.hseland.ie

Enhancing and Enabling Well-Being for the Person with Dementia National Programme (Blended Programme)

Aim:

To provide participants with a foundation to improve the well-being of the person with dementia

Content:

- Overview of Dementia
- Ageing & Memory
- Dementia and Human Rights
- Delirium and Issues arising
- Nutrition and Dementia
- Creating a dementia friendly environment
- Person centred communication in dementia care
- Supporting the person living with dementia experiencing non cognitive symptoms
- Person Centred Care
- Palliative Care and the person with Dementia
-

Intended Learning Outcomes:

On completion of the programme the participants will:

- Describe the normal ageing process
- Describe dementia
- Explain the impact the progression of dementia has on a person and their families
- Recognise the impact the environment has on the person with a dementia and their carers
- Discuss person-centred care
- Enhance quality of life for the person with dementia
- Identify the main principles of communicating with the person with dementia
- Identify and respond to changes in behaviour creatively

Accreditation:

NMBI 12.5 CEU's

No of Places Available:

16 Places

Target Audience:

All Healthcare staff from Community Hospitals in Cork who will be expected to undertake work based activities during the programme

Facilitators:

Staff of the Centre of Nurse Education, Mercy University Hospital and invited guest speakers.

Date	Venue	Time	
<u>Programme 1:</u> Day 1: 31 st March	Virtual Centre of Nurse Education, 34 Henry Street, Cork	0945-14.30	It is essential that staff are available for three days of programme
Day 2: 14 th April		0945-15.30	
Day 3: 6 th May		0915- 15.30	

<u>Programme 2:</u>			
Day 1: 11 th May	Virtual	0945-14.30	
Day 2: 24 th May	Centre of Nurse Education, 34 Henry Street, Cork	0945-15.30	
Day 3: 24 th June	Centre of Nurse Education	0915- 15.30	

*Programme Application is via Classroom Management System on www.hseland.ie with coupon system. Enquires Lorna, Clerical Officer cne@muh.ie

* Only 2 Community Hospitals together per programme, nominations from Clinical Development Co-ordinator and Director of Nursing of Community Hospital.

Enabling and Enhancing Quality of Care for the Person with Dementia in the Acute Hospital Setting

Aim: To improve/enhance staff's awareness in caring for people with dementia in the **Acute** hospital setting and to facilitate person – centred approaches to care. This programme will facilitate staff to create a caring and dignified environment where person-centred approaches support the person with dementia and their families.

Theoretical content addresses:

- An overview of dementia
- An overview of delirium and the impact on the person with dementia in the acute hospital
- Caring for the person with dementia including their emotions and feelings
- Discussion on Person Centred approaches to care and opportunities for improving the quality of life of the person in the acute hospital setting with a focus on communication and the physical environment.

Intended Learning Outcomes:

On completion of the programme the participant will;

- Understand the possible experiences of the person with dementia in the acute hospital environment
- Describe dementia and its impact on each individual and their families
- Recognise delirium
- Describe approaches to supporting the person with dementia in the acute hospital setting.
- Be aware of the impact of the physical environment on the person with dementia

Accreditation:

4CEUs

No of Places Available:

9

Target Audience:

All Staff employed in the Acute Hospital setting

Facilitator: Ms Elizabeth Myers, Specialist Co-ordinator and Ms Sharon Maher, ANP in Dementia

	Venue	Time	Duration
TBC	Centre of Nurse Education, 34 Henry Street, Cork	9am – 1pm	4hrs

*Programme Application is via Classroom Management System on www.hseland.ie

Frailty Education Programme

Aim:

The programme aims to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management and better health outcomes for frail older adults.

Content: Includes assessment of frailty syndromes, Frailty, falls, immobility, delirium, cognitive impairment, comprehensive geriatric assessment, continence, nutrition and poly-pharmacy.

Intended Learning Outcomes:

- Have improved understanding and knowledge of the concept of frailty
- Have enhanced skills and knowledge in identifying the frail older adult
- Understand the need for Comprehensive Geriatric Assessment and how it improves outcomes for frail older adults.

Accreditation: Category 1 approval NMBI, 7 CEU's

No of Places: The newly revised National Frailty Education Programme will be available on HSELand as an e-learning programme in Spring 2021.

Target Audience: Nurses from all disciplines working in the public, voluntary and private sector and all members of the Multidisciplinary team.

Facilitators: Please forward any specific queries pertaining to the National Frailty Education Programme to Ann Cummins, Director acummins@muh.ie or Dr Deirdre Lang, National Lead for Older Person Services Deirdre.Lang@hse.ie

Contact HSELand support desk at support@hse.ie for any HSELand specific queries.

National Programme for Infection Prevention & Control Link Practitioners

Aim:

The principle aim of this programme is to provide the IPC link practitioner with an opportunity to advance and practice their knowledge and skill safely in infection prevention and control in contemporary healthcare practice. Existing National Infection Prevention & Control Guidelines and National IPC-e-learning modules will facilitate further learning and support.

Target Audience

The target audience for this Programme will initially be registered nurses or health and social care professionals who are involved with direct patient care and invasive procedures within the health and social care community setting. Ideally, participants will be at CNM1 / CNM2 / senior HSCP level or above, with the authority to lead on infection prevention and control within their facility.

Programme Prerequisites:

There must be a demonstrated commitment from services / line manager to support IPC link practitioner candidates, including completion of the Service Commitment Form signed by management.

Indicative Content:

1. Core Knowledge & Skills IPC

- The Chain of Infection
- Standard Precautions
- Transmission Based Precautions: Contact precautions; Droplet precautions & Airborne precautions
- Respiratory Hygiene Cough Etiquette
- Hand Hygiene
- Appropriate use of personal protective equipment
- Safe handling and disposal of sharps
- Environmental controls including cleaning and blood & body fluid spills management
- Single use equipment and appropriate reprocessing of reusable equipment and instruments including appropriate use of disinfectants
- Aseptic technique
- Appropriate handling and disposal of waste and linen
- Antimicrobial stewardship in health & social care settings

2. Managerial Issues in IPC

- Role of the Link Practitioner in IPC/Governance structure
- Risk assessment - infection prevention & control
- Developing an IPC plan for your service
- Responding to IPC risk in health & social care environment, e.g. outbreak management, promoting influenza vaccination etc.
- Recognising Infection and obtaining specimens

3. IPC Resources

- Introduction to the Health Protection Surveillance Centre
- National AMRIC Strategy
- HIQA Standards in relation to Infection Prevention & Control

4. RESIST Hand Hygiene Train the Trainer for Healthcare Workers in Community and Primary Care

- National Hand Hygiene Train the trainer programme – develop skills to teach hand hygiene in local setting
- In addition participants will develop the skills required to train colleagues in the correct donning and doffing of PPE

5. Audits & Quality Improvement in Infection Prevention & Control

- Principles of Clinical Audit / The audit Cycle
- Planning for audits – routine and reactive
- The action plan – delivering quality improvements

Intended Learning Outcomes:

1. Discuss the principles and practices of infection prevention & control recognising and promoting evidence based practices that reduce transmission risks.
2. Understand the principles of Standard and Transmission Based Precautions.
3. Discuss the principles of antimicrobial stewardship
4. Discuss the national, international and local policies as applied to IPC.
5. Develop capability to assess and manage IPC risk within their own health / social care environment
6. Understand the importance of audits in clinical practice and their impact on quality improvement.
7. Conduct nationally and local level IPC audits
8. Develop confidence and skills to educate and train colleagues in IPC practices.

Accreditation: Category 1 approval NMBI; 35 CEU's

No of Places: 10

Facilitators:

This programme is collaboration between the Centres of Nursing & Midwifery with CHO Assistant Directors of Nursing in Infection Prevention & Control. Contributions from expert speakers, for example Infection Prevention and Control Nurses and CHO Antimicrobial Pharmacists, will support the programme.

Programme Application:

Booking and is to be arranged via Line Manager and communicated to Eleanor Mc Carthy, Assistant Director of Nursing in Infection prevention and Control. Eleanor.McCarthy1@hse.ie

Programme Duration is over 5 consecutive days. Information on programme dates Assistant Director of Nursing in Infection Prevention and Control Eleanor.McCarthy1@hse.ie

Foundation Programme Timetable

Day 1 Introduction to infection prevention & control

Day 2 Standard & Transmission Based Precautions

Day 3 IPC Risk Assessment & Antimicrobial Resistance

Day 4 Management & Governance of Infection Prevention & Control

Day 5 National Hand Hygiene Trainer the Trainer Programme incorporating PPE demonstration

*Programme Application is via Classroom Management System on www.hseland.ie

Intramuscular Injection Technique (Blended programme)

Aim: The aim of the course is to enhance the knowledge and skills of Registered Nurses in relation to the theory and practice of intramuscular injection

Content:

NMBI Professional Guidelines including Code of Professional Conduct (2014) and Scope of Nursing and Midwifery Practice (2020)

Revision of the anatomy and physiology of the sites for subcutaneous injection and sites for intramuscular injection

Indications, contra-indications and complications of administration of medication via the intramuscular and subcutaneous route

Infection control and prevention in the practice of administration of medication via the intramuscular and subcutaneous route

Evidence based knowledge and skills in caring for administration of medication via the intramuscular route

Practical Workshop on administration of medication via the intramuscular route: Skills demonstration and supervised skills practice for each participant.

Intended Learning Outcomes:

At the end of this programme the participant should be able to:

- Discuss the context of administering intramuscular injections and associated benefits and potential risks.
- Discuss best practice in the administration of intramuscular injections.
- Demonstrate competence in the administration of intramuscular injections in the workplace setting.
- Safely and effectively manage patients who require administration of intramuscular injections in accordance with their own scope of practice and local practice guidelines

Accreditation: Pending

No of Places: See Classroom Management System on HSELand for availability

Target Audience:

Registered Nurses caring for Adult Patients/ requiring administration of medication via the intramuscular route, supported by organisation's evidence based policy in place.

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital

Date	Venue	Time	Duration
12 th January (virtual)	Virtual	10.00-11.30am	1.5 hours
14 th January (practical workshop)	Centre of Nurse Education, Cork	11.15-11.45 am	

14 th January (practical workshop)	Centre of Nurse Education	12.15-12.45	
25 th March (practical workshop)	Centre of Nurse Education	0900-0930 & 0930-10.00	

Medication Management

Aim: To discuss Guiding Principles of Medication Management for Registered Nurses

Content: Principles of Medication Management as per Guidance for Registered Nurses and Midwives on Medication Administration (2020) Nursing & Midwifery Board of Ireland (NMBI)

Intended Learning Outcomes:

- Discuss the Guiding Principles of Medication Management as outlined by the Nursing and Midwifery Board of Ireland (NMBI) (2020)
- Demonstrate knowledge and understanding of the Guiding Principles of Medication Management in a safe, effective and ethical way (NMBI, 2020)
- The nurse will understand their roles, responsibilities and accountability in relation to the administration of medication to patients across care settings.
- Discuss Scope of Nursing & Midwifery Practice (NMBI, 2015) and Code of Professional Conduct and Ethics (NMBI, 2014) in relation to medication administration
- Discuss the relevant legislation and professional guidance to support the nurse in medication administration.
- Discuss the healthcare providers' responsibility to ensure relevant PPPGs are in place to support and guide the nurse in practice.

Accreditation: Category 1 Approval NMBI; 4 CEU's

No of Places: 16

Target Audience: Registered Nurses

Facilitators: Ann Cummins, Director of the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
13 th April 2021	Centre of Nurse Education, 34 Henry Street, Cork	0900-13.00	4 hours

*Programme Application is via Classroom Management System on www.hseland.ie

New Graduate Transition Programme

Aim: To support transition from Student to Staff nurse. To further develop new graduates' skills and competencies.

Content:

- Day 1:** Respiratory Assessment and Airway Management (Virtual)
- Day 2:** Respiratory (Workshop)
- Day 3:** Medical and Surgical (Virtual)
- Day 4:** Medical/ Surgical Workshop (Workshop)
- Day 5 & 6:** Acute Life Threatening Events- Recognition and Treatment) Virtual & Workshop
- Day 7:** Professional Development (Virtual)

Intended Learning Outcomes:

- To guide and support new graduate Nurses
- Assist newly graduate Nurses to enhance their clinical skills and build confidence
- To prepare new graduates for their role as Registered Nurses and decrease transition shock
- To promote integration of theory to practice and assist new graduate Nurses to acquire clinical skills and further develop critical thinking abilities
- To further develop skills in communication, team work and decision-making
- Provide opportunities for peer to peer support and reflective practice
- To promote continuous professional development
- To support the retention of new graduate Nurses

Accreditation: Category 1 approval NMBI 35 CEU's

No of Places: 24

Target Audience: New Graduate Registered Nurses, Mercy University Hospital, Cork

Facilitators: Siobhan Burke, Registered Nurse Tutor, Ann Cummins, Director of the Centre of Nurse Education, Nurse Practice Development Unit, Advanced Nurse Practitioners, Clinical Nurse Specialists, Clinical Facilitators and allied interdisciplinary team, Mercy University Hospital, Cork

Date	Venue	Time	Duration
Day 1: 18 th March 2021	Virtual	0900-15.30	6 hours
Day 2: 20 th April 2021	Centre of Nurse Education	10.00-15.30	5 hours
Day 3: 6 th May 2021	Virtual	0845-16.30	6.5 hours
Day 4: 10 th June 2021	Centre of Nurse Education	0800-16.00	7 hours
Day 5: & 6 11 th May & 15 th June 2021	Virtual	0830-14.30	5.5 hours
12 th May/16 th /17 th June 2021	ALERT workshops	08:30-11:30 Or 12:30-15:30	3 hours
Day 5: 14 th September 2021	Virtual	0945-15.00	4.5 hours

Preceptorship

Aim:

To prepare qualified nurses to undertake the role of Preceptor for undergraduate nursing students

Content: Learners complete a UCC online preceptorship Programme

Programme Outline:

Introduction to online programme

Unit 1 - The National Competence Document

Unit 2 - Roles and Responsibilities of the assessment team

Unit 3 - CAD explained - page by page

Unit 4 - Assessment and Feedback

Unit 5 - Reflection and Reflective Practice

Link to

Online programme <https://ucc.cloud.panopto.eu/Panopto/Pages/Sessions/List.aspx?folderID=f1367637-330f-4ebf-ab6d-ac0900a0cc71> which can be found on the UCC School of Nursing and Midwifery website [Preceptor Information](#)

At the end of each unit there is a very short evaluation form to complete, on completion of all 6 units a certificate of completion will be sent to the Preceptor and their Manager.

*This programme will run until online preceptorship education programme on HSELand is operationalised nationally, then the UCC online preceptorship programme link will be considered as a resource and will remain on the School of Nursing and Midwifery website.

Following completion of UCC online preceptorship Programme Learners **must** then attend for a Virtual Preceptorship Workshop facilitated by the Centre of Nurse Education. Booking is via Classroom Management System on HSELand.

Certificate of completion of UCC online preceptorship Programme must be forwarded to Lorna Paterson, Clerical Officer cne@muh.ie in advance in order to be accepted for a place on the Preceptorship workshop

Intended Learning Outcomes:

- Discuss the use of Steiner and Bells Experiential Learning Taxonomy as a framework to assess students' expected level of learning
- Review of Competency Assessment Document and Resources Available
- Identify supports available to staff and students when working as a preceptor
- Be able to structure and complete interviews and assessments with student nurses
- Be able to identify when and how to document feedback on a student's progress

Accreditation: Category 1 approval NMBI; 2.5 CEU's

No of Places: 25

Target Audience: Registered Nurses

Facilitators: Ann Cummins, Director and Siobhan Burke, Nurse Tutor, Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
25 th March 2021	Virtual	10.00-13.00	3 hours
13 th May 2021	Virtual	10.00-13.00	3 hours

*Programme Application is via Classroom Management System on www.hseland.ie